

DIG VBC Team Summaries								
Team Name	15 Black	15 Blue	15 Red - Jessica	15 Red - Britt	16 Black	16 Blue	17 Black	18 Black
<i>Head Coach</i>	Yolanda Armandariz	Jaylyn Capito	Jessica Dexter	Britt Farragut	Karee Idriss	Lisa Glover	Cheyenne Sewell	Marissa Chalmers
<i>Assistant Coach</i>	Mackenzie Hernandez	Kasi Payne	MC Ellis	Brooklyn Mueller	Lindsey Owen	Ariel Glover	MC Ellis	Keesheema Richardson
<i>Practice Days</i>	M/W	T/TH	M/W	M/W	M/W	M/W	T/TH	T/TH
<i>Practice Time</i>	6:00 - 8:00	7:00 - 9:00	7:00 - 9:00	8:00 - 10:00	6:30 - 8:30	7:00 - 9:00	7:00 - 9:00	7:00 - 9:00
<i>Pre Season Sundays or Saturdays</i>	7	6	6	6	7	6	7	7
<i>Performance Training</i>	Y	Y	Y	Y	Y	Y	Y	Y
<i>Saturday Positional Training</i>	Y	Y	Y	Y	Y	Y	Y	Y
<i># of Tournaments</i>	9 to 10	9 to 10	9 to 10	9 to 10	9 to 10	8 to 9	8 to 9	7 to 8
<i># of National Bid Tournaments</i>	3	2	2	2	3	2	2	2
<i># of Travel Tournaments</i>	2	2	2	2	2	1	1	2
<i>USAV Nationals</i>								
<i>Program Cost</i>	\$4,350	\$4,100	\$4,100	\$4,100	\$4,350	\$3,750	\$3,750	\$3,300
<i>Deposit - Due at signing in July</i>	\$1,000	\$1,000	\$1,000	\$1,000	\$1,000	\$750	\$750	\$750
<i>Balance spread over X# of payments</i>	7	7	7	7	7	6	6	5
<i>Uniform Plan</i>	Platinum	Platinum	Platinum	Platinum	Platinum	Platinum	Platinum	Platinum
<i>Uniform Cost (approx)</i>	\$500	\$500	\$500	\$500	\$500	\$500	\$500	\$500
<i>Hudl Cost (if coach adds it)</i>	Included	\$85 per player	\$85 per player	\$85 per player	Included	\$85 per player	Included	Included
<i>Team Water Bottle</i>	Included	Included	Included	Included	Included	Included	Included	Included
<i>Silver Uniform Package</i>	2 Jerseys, 1 Spandex, 1 Hoodie, Backpack							
<i>Gold Uniform Package</i>	2 Jerseys, 2 Spandex, 1 Hoodie, Backpack, warm up pants, knee pads, shoes, 2 pair of socks							
<i>Platinum Uniform Package</i>	3 Jerseys, 3 Spandex, 1 Hoodie, Backpack, warm up pants, knee pads, shoes, 3 pair of socks, Warm Up Shirt							