

DIG VBC Team Summaries - Club 14s - 18s											
Team Name	14 Black	14 Blue	14 Red	14 White	15 Black	15 Blue	15 Red	16 Black	16 Blue	17 Black	18 Black
<i>Head Coach</i>	Sabyius Boggan	Jose Marrero Vega	Ann Allen	TBD	Yolanda Armandariz	Jaylyn Capito	Jessica Dexter	Karee Idriss	Lisa Glover	Cheyenne Sewell	Marissa Chalmers
<i>Assistant Coach</i>	Lexi Hattaway	Sunni Gardea	Orlando Varona		Mackenzie Hernandez	Kasi Payne	TBD	Lindsey Owen	Ariel Glover	MC Ellis	Keesheama Richardson
<i>Practice Days</i>	M/W	M/W	T/TH	TBD	M/W	T/TH	M/W	M/W	M/W	T/TH	T/TH
<i>Practice Time</i>	7:00 - 9:00	7:00 - 9:00	7:00 - 9:00	TBD	6:30 - 8:30	7:00 - 9:00	7:00 - 9:00	6:30 - 8:30	7:00 - 9:00	7:00 - 9:00	7:00 - 9:00
<i>Pre Season Sundays or Saturdays</i>	7	6	6	5	7	6	6	7	6	7	7
<i>Performance Training</i>	Y	Y	Y	N	Y	Y	Y	Y	Y	Y	Y
<i>Positional Training</i>	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
<i># of Tournaments</i>	9 to 10	9 to 10	10 to 10	7 to 8	9 to 10	9 to 10	10 to 10	9 to 10	8 to 9	8 to 9	7 to 8
<i># of National Bid Tournaments</i>	3	2	2	1	3	2	2	3	2	2	2
<i># of Travel Tournaments</i>	2	2	2	1	2	2	2	2	1	1	2
<i>USAV Nationals</i>	If team qualifies, extended practice season, 1 warm up tournament and nationals. Supplemental cost of approximately \$750.										
<i>Program Cost</i>	\$4,350	\$4,100	\$4,100	\$3,500	\$4,350	\$4,100	\$4,100	\$4,350	\$3,750	\$3,750	\$3,300
<i>Uniform Plan</i>	Platinum	Platinum	Platinum	Gold	Platinum	Platinum	Platinum	Platinum	Platinum	Platinum	Platinum
<i>Uniform Cost (approx)</i>	\$500	\$500	\$500	\$400	\$500	\$500	\$500	\$500	\$500	\$500	\$500
<i>Hudl Cost (if coach adds it)</i>	Included	\$85 per player	\$85 per player	n/a	Included	\$85 per player	\$85 per player	Included	\$85 per player	Included	Included
<i>Team Water Bottle</i>	Included	Included	Included	Included	Included	Included	Included	Included	Included	Included	Included
<i>Silver Uniform Package</i>	2 Jerseys, 1 Spandex, 1 Hoodie, Backpack										
<i>Gold Uniform Package</i>	2 Jerseys, 2 Spandex, 1 Hoodie, Backpack, warm up pants, knee pads, shoes, 2 pair of socks										
<i>Platinum Uniform Package</i>	3 Jerseys, 3 Spandex, 1 Hoodie, Backpack, warm up pants, knee pads, shoes, 3 pair of socks, Warm Up Shirt										