

| DIG VBC Team Summaries | | | | | | | | | | | |
|------------------------------------|--|-----------------|-----------------|-----------------|-------------|-----------------------------|-----------------|-----------------|----------|-----------------------------|------------|
| Team Name | 15 Black - Karee | 15 Black - Lisa | 15 Blue | 15 Red | 16 Black | 16 Blue | 16 Red | 16 White | 17 Black | 18 Black | 17/18 Blue |
| Head Coach | Karee Idriss | Lisa Glover | Orlando Varona | Cheyenne Sewell | Bobby Huynh | Marissa Chalmers Montgomery | Jessica Dexter | TBD | Greg Bui | Marissa Chalmers Montgomery | TBD |
| Assistant Coach | | | | | | | | | | | |
| Practice Days | TBD | TBD | TBD | TBD | TBD | TBD | TBD | TBD | TBD | TBD | TBD |
| Practice Time | TBD | TBD | TBD | TBD | TBD | TBD | TBD | TBD | TBD | TBD | TBD |
| | | | | | | | | | | | |
| Pre Season Sundays or Saturdays | 7 | 7 | 5 | 5 | 7 | 6 | 6 | 6 | 7 | 7 | 7 |
| | | | | | | | | | | | |
| Performance Training | Y | Y | Y | Y | Y | Y | Y | Y | Y | Y | Y |
| Saturday Positional Training | Y | Y | Y | Y | Y | Y | Y | Y | Y | Y | Y |
| | | | | | | | | | | | |
| # of Tournaments | 9 to 10 | 9 to 10 | 9 to 10 | 9 to 10 | 9 to 10 | 8 to 9 | 8 to 9 | 8 to 9 | 9 to 10 | 7 to 8 | 7 to 8 |
| # of National Bid Tournaments | 2 | 2 | 1 | 1 | 2 | 1 | 1 | n/a | 2 | 2 | 1 |
| # of Travel Tournaments | 2 | 2 | 2 | 1 | 2 | 2 | 1 | 1 | 2 | 2 | 1 |
| USAV Nationals | If team qualifies, extended practice season, 1 warm up tournament and nationals. Supplemental cost of approximately \$750. | | | | | | | | | | |
| | | | | | | | | | | | |
| Program Cost | \$4,450 | \$4,450 | \$4,200 | \$3,850 | \$4,450 | \$4,200 | \$3,850 | \$3,350 | \$4,450 | \$3,250 | \$3,150 |
| Deposit - Due at signing in July | \$1,000 | \$1,000 | \$1,000 | \$750 | \$1,000 | \$750 | \$750 | \$750 | \$1,000 | \$500 | \$500 |
| Balance spread over X# of payments | 7 | 7 | 7 | 6 | 7 | 6 | 6 | 6 | 6 | 5 | 5 |
| | | | | | | | | | | | |
| Uniform Plan | Platinum | Platinum | Platinum | Platinum | Platinum | Platinum | Platinum | Platinum | Platinum | Platinum | Platinum |
| Uniform Cost (approx) | \$500 | \$500 | \$500 | \$500 | \$500 | \$500 | \$500 | \$500 | \$500 | \$500 | \$500 |
| Hudl Cost (if coach adds it) | Included | Included | \$85 per player | \$85 per player | Included | \$85 per player | \$85 per player | \$85 per player | Included | Included | Included |
| Team Water Bottle | Included | Included | Included | Included | Included | Included | Included | Included | Included | Included | Included |
| | | | | | | | | | | | |
| Silver Uniform Package | 2 Jerseys, 1 Spandex, 1 Hoodie, Backpack | | | | | | | | | | |
| Gold Uniform Package | 2 Jerseys, 2 Spandex, 1 Hoodie, Backpack, warm up pants, knee pads, shoes, 2 pair of socks | | | | | | | | | | |
| Platinum Uniform Package | 3 Jerseys, 3 Spandex, 1 Hoodie, Backpack, warm up pants, knee pads, shoes, 3 pair of socks, Warm Up Shirt | | | | | | | | | | |