

DIG VBC Team Summaries - Club 11s - 13s, Academy & Select											
Team Name	Academy	Select	11 Black	11 Blue	12 Black	12 Blue	12 Red	13 Black	13 Blue	13 Red	13 White
<i>Head Coach</i>	TBD	TBD	Caitlin Robinson	Jordan Hartsell	Aubrey Thorburn	Katie Clouston	Marissa Chalmers	Britton Farragut	Lexi Hattaway	Sunni Gardea	TBD
<i>Assistant Coach</i>	n/a	n/a	n/a	n/a	Jaylyn Capito	TBD	TBD	Tyler Carone	Jessica Dexter	Jose Marrero Vega	TBD
<i>Practice Days</i>	TBD & Sunday	TBD & Sunday	T/TH	T/TH	T/TH	T/TH	T/TH	M/W	M/W	M/W	T/TH
<i>Practice Time</i>	TBD, 2 - 1.5 hrs	TBD, 2 - 1.5 hrs	TBD, 2 - 1.5 hrs	TBD, 2 - 1.5 hrs	5:00 - 7:00	5:00 - 7:00	5:00 - 7:00	5:00 - 7:00	5:00 - 7:00	5:00 - 7:00	5:30 - 7:00
<i>Pre Season Sundays or Saturdays</i>	n/a	n/a	4	4	5	5	5	7	6	6	5
<i>Performance Training</i>	n/a	n/a	N	N	Y	Y	Y	Y	Y	Y	N
<i>Positional Training</i>	n/a	n/a	N	N	Y	Y	Y	Y	Y	Y	Y
<i># of Tournaments</i>	4	4	7 to 8	7 to 8	8 to 9	8 to 9	8 to 9	9 to 10	9 to 10	10 to 10	7 to 8
<i># of National Bid Tournaments</i>	n/a	n/a	1	1	2	1	1	3	2	2	1
<i># of Travel Tournaments</i>	n/a	n/a	0	0	1	1	1	2	2	2	1
<i>USAV Nationals</i>	If team qualifies, extended practice season, 1 warm up tournament and nationals. Supplemental cost of approximately \$750.										
<i>Program Cost</i>	\$1,400	\$2,500	\$2,700	\$2,700	\$3,750	\$3,500	\$3,500	\$4,350	\$4,100	\$4,100	\$3,500
<i>Uniform Plan</i>	Silver	Gold	Gold	Gold	Platinum	Platinum	Platinum	Platinum	Platinum	Platinum	Gold
<i>Uniform Cost (approx)</i>	\$300	\$400	\$400	\$400	\$500	\$500	\$500	\$500	\$500	\$500	\$400
<i>Hudl Cost (if coach adds it)</i>	n/a	n/a	n/a	n/a	\$85 per player	\$85 per player	\$85 per player	Included	\$85 per player	\$85 per player	n/a
<i>Team Water Bottle</i>	Included	Included	Included	Included	Included	Included	Included	Included	Included	Included	Included
<i>Silver Uniform Package</i>	2 Jerseys, 1 Spandex, 1 Hoodie, Backpack										
<i>Gold Uniform Package</i>	2 Jerseys, 2 Spandex, 1 Hoodie, Backpack, warm up pants, knee pads, shoes, 2 pair of socks										
<i>Platinum Uniform Package</i>	3 Jerseys, 3 Spandex, 1 Hoodie, Backpack, warm up pants, knee pads, shoes, 3 pair of socks, Warm Up Shirt										