

| DIG VBC Team Summaries | | | | | | | | | |
|---|--|-----------------|-------------------------|-----------------------|---|-----------------|-----------------|-----------------|----------------------|
| Team Name | 15 Black | 15 Blue | 15 Red - Jessica | 15 Red - Britt | 15/16 Elite | 16 Black | 16 Blue | 17 Black | 18 Black |
| <i>Head Coach</i> | Yolanda Armandariz | Jaylyn Capito | Jessica Dexter | Britt Farragut | Keesheema Richardson | Karee Idriss | Lisa Glover | Cheyenne Sewell | Marissa Chalmers |
| <i>Assistant Coach</i> | Mackenzie Hernandez | Kasi Payne | MC Ellis | Brooklyn Mueller | n/a | Lindsey Owen | Ariel Glover | MC Ellis | Keesheema Richardson |
| <i>Practice Days</i> | M/W | T/TH | M/W | M/W | W/SUN | M/W | M/W | T/TH | T/TH |
| <i>Practice Time</i> | 6:00 - 8:00 | 7:00 - 9:00 | 7:00 - 9:00 | 8:00 - 10:00 | 2 - 1.5 hrs W - 8:30-10 SUN - TBD | 6:30 - 8:30 | 7:00 - 9:00 | 7:00 - 9:00 | 7:00 - 9:00 |
| <i>Pre Season Sundays or Saturdays</i> | | 7 | 6 | 6 | 6 | n/a | 7 | 6 | 7 |
| <i>Performance Training</i> | | Y | Y | Y | Y | N | Y | Y | Y |
| <i>Saturday Positional Training</i> | | Y | Y | Y | Y | N | Y | Y | Y |
| <i># of Tournaments</i> | | 9 to 10 | 9 to 10 | 9 to 10 | 9 to 10 | 5 to 7 | 9 to 10 | 8 to 9 | 8 to 9 |
| <i># of National Bid Tournaments</i> | | 3 | 2 | 2 | 2 | n/a | 3 | 2 | 2 |
| <i># of Travel Tournaments</i> | | 2 | 2 | 2 | 2 | n/a | 2 | 1 | 1 |
| <i>USAV Nationals</i> | If team qualifies, extended practice season, 1 warm up tournament and nationals. Supplemental cost of approximately \$750. | | | | | | | | |
| <i>Program Cost</i> | \$4,350 | \$4,100 | \$4,100 | \$4,100 | \$2,500 | \$4,350 | \$3,750 | \$3,750 | \$3,300 |
| <i>Deposit - Due at signing in July</i> | \$1,000 | \$1,000 | \$1,000 | \$1,000 | \$500 | \$1,000 | \$750 | \$750 | \$750 |
| <i>Balance spread over X# of payments</i> | 7 | 7 | 7 | 7 | 4 | 7 | 6 | 6 | 5 |
| <i>Uniform Plan</i> | Platinum | Platinum | Platinum | Platinum | Gold | Platinum | Platinum | Platinum | Platinum |
| <i>Uniform Cost (approx)</i> | \$500 | \$500 | \$500 | \$500 | \$400 | \$500 | \$500 | \$500 | \$500 |
| <i>Hudl Cost (if coach adds it)</i> | Included | \$85 per player | \$85 per player | \$85 per player | n/a | Included | \$85 per player | Included | Included |
| <i>Team Water Bottle</i> | Included | Included | Included | Included | Included | Included | Included | Included | Included |
| <i>Silver Uniform Package</i> | 2 Jerseys, 1 Spandex, 1 Hoodie, Backpack | | | | | | | | |
| <i>Gold Uniform Package</i> | 2 Jerseys, 2 Spandex, 1 Hoodie, Backpack, warm up pants, knee pads, shoes, 2 pair of socks | | | | | | | | |
| <i>Platinum Uniform Package</i> | 3 Jerseys, 3 Spandex, 1 Hoodie, Backpack, warm up pants, knee pads, shoes, 3 pair of socks, Warm Up Shirt | | | | | | | | |