

<b>DIG VBC Team Summaries</b>												
<b>Team Name</b>	<b>13 Black</b>	<b>13 Blue</b>	<b>13 Red</b>	<b>13 White</b>	<b>13 Select</b>	<b>13 Select</b>	<b>14 Black</b>	<b>14 Blue</b>	<b>14 Red</b>	<b>14 White</b>	<b>14 Select</b>	
<i>Head Coach</i>	Britton Farragut	Lexi Hattaway	Sunny Gardea	Lindsey Owen	Mary Springfield	Destyne Hickman	Sabyius Boggan	Lexi Hattaway	Anne Allen	Cheyenne Sewell	Anne Allen	
<i>Assistant Coach</i>	Tyler Carone	Jessica Dexter	Tamara Moore	Destyne Hickman	n/a	n/a	Gabby Fernandez	Sunny Gardea	Orlando Varona	Mary Springfield	n/a	
<i>Practice Days</i>	M/W	M/W	M/W	T/SUN	TH/SUN	W/SUN	M/W	M/W	T/TH	T/SUN	TH/SUN	
<i>Practice Time</i>	5:00 - 7:00	5:00 - 7:00	5:00 - 7:00	2 - 1.5 hrs T - 5:30 - 7:00 SUN - TBD	2 - 1.5 hrs TH - 6:30-8 SUN - TBD	2 - 1.5 hrs W - 5-6:30 SUN - TBD	7:00 - 9:00	7:00 - 9:00	7:00 - 9:00	2 - 1.5 hrs T - 6-7:30 SUN - TBD	2 - 1.5 hrs TH - 5:30-7 SUN - TBD	
<i>Pre Season Sundays or Saturdays</i>		7	6	6	5	n/a	n/a	7	6	6	5	n/a
<i>Performance Training</i>		Y	Y	Y	Y	N	N	Y	Y	Y	Y	N
<i>Saturday Positional Training</i>		Y	Y	Y	Y	N	N	Y	Y	Y	Y	N
<i># of Tournaments</i>	9 to 10	9 to 10	9 to 10	7 to 8	5 to 7	5 to 7	9 to 10	9 to 10	10 to 10	7 to 8	5 to 7	
<i># of National Bid Tournaments</i>	3	2	2	1	n/a	n/a	3	2	2	1	n/a	
<i># of Travel Tournaments</i>	2	2	2	1	n/a	n/a	2	2	2	1	n/a	
<i>USAV Nationals</i>	If team qualifies, extended practice season, 1 warm up tournament and nationals. Supplemental cost of approximately \$750.											
<i>Program Cost</i>	\$4,350	\$4,100	\$4,100	\$3,500	\$2,500	\$2,500	\$4,350	\$4,100	\$4,100	\$3,500	\$2,500	
<i>Deposit - Due at signing in July</i>	\$1,000	\$1,000	\$1,000	\$750	\$500	\$500	\$1,000	\$1,000	\$1,000	\$750	\$500	
<i>Balance spread over X# of payments</i>	7	7	7	6	4	4	7	7	7	6	4	
<i>Uniform Plan</i>	Platinum	Platinum	Platinum	Gold	Gold	Gold	Platinum	Platinum	Platinum	Gold	Gold	
<i>Uniform Cost (approx)</i>	\$500	\$500	\$500	\$400	\$400	\$400	\$500	\$500	\$500	\$400	\$400	
<i>Hudl Cost (if coach adds it)</i>	Included	\$85 per player	\$85 per player	n/a	n/a	n/a	Included	\$85 per player	\$85 per player	n/a	n/a	
<i>Team Water Bottle</i>	Included	Included	Included	Included	Included	Included	Included	Included	Included	Included	Included	
<i>Silver Uniform Package</i>	2 Jerseys, 1 Spandex, 1 Hoodie, Backpack											
<i>Gold Uniform Package</i>	2 Jerseys, 2 Spandex, 1 Hoodie, Backpack, warm up pants, knee pads, shoes, 2 pair of socks											
<i>Platinum Uniform Package</i>	3 Jerseys, 3 Spandex, 1 Hoodie, Backpack, warm up pants, knee pads, shoes, 3 pair of socks, Warm Up Shirt											